In My Blood

Count: 48 **Wall:** 2 **Level:** Phrased Intermediate
Choreographer: Jef Camps (BE) & Roy Verdonk (NL) – April 2018
Music: "In My Blood" by Shawn Mendes

Sequence: A BBB A BBB AA B AAA

PART A: 16 COUNTS
S1: NC BASIC, ¾ HINGE TURN, STEP, ¼ PIVOT, CROSS, SWEEP, CROSS, BACK, BACK, CROSS, BACK, ½ TURN STEP
1-2& RF big step side, LF close next to RF, RF cross over LF
3&4& ¼ turn R & LF step back, ½ turn R & RF step forward, LF step forward, make ¼ turn R
5-6& LF cross over RF & sweep RF forward, RF cross over LF, LF step diagonally back
7&8& RF step diagonally back, LF cross over RF, RF step back, ½ turn L & LF step forward (6:00)

S2: STEP FWD, ARM MOVEMENT, STEP FWD, DRAG, MAMBO ½ TURN, STEP FWD, FULL TURN, STEP, ½ PIVOT
1-2& RF step forward, bring RH to your heart, put LH on RH hand
3 LF step forward push hands forward and out while dragging RF forward
4&5 RF rock forward, recover on LF, ½ turn R & RF step forward (12:00)
6 LF step forward
7&8& ½ turn L & RF step back, ½ turn L & LF step forward, RF step forward, make ½ turn L (6:00)

PART B: 32 COUNTS
S1: FIGURE OF EIGHT
1-2 RF step side, LF cross behind RF
3-4 ¼ turn R & RF step forward, LF step forward (3:00)
5-6 make ½ turn R putting weight on RF, ¼ turn R & LF step side (12:00)
7-8 RF cross behind LF, ¼ turn L & LF step forward (9:00)

S2: SHUFFLE FWD, STEP FWD, ½ PIVOT, ½ BACK, HOLD, ¼ CHASSE
1&2 RF step forward, LF close next to RF, RF step forward
3-4 LF step forward, make ½ turn R putting weight on RF (3:00)
5-6 ½ turn R & LF step back, hold (9:00)
7&8 ¼ turn R & RF step side, LF close next to RF, RF step side (12:00)

S3: DRAG, CROSS, SIDE ROCK/RECOVER, WEAVE, LIFT
1-2 LF drag slowly across RF, LF cross over RF
3-4 RF rock side, recover on LF
5-6 RF cross over LF, LF step side
7-8 RF cross behind LF, twist 1/8 turn L on RF while lifting L from the ground (straight L leg)

S4: SIDE, JAZZ BOX, CROSS, ½ TURN, BACK ROCK/RECOVER
1-2 LF step side, RF cross over (12:00)
3-4 LF step back, RF step side
5-6 LF cross over RF, make ½ turn on LF (weight stays on LF) (6:00)
7-8 RF rock behind LF, recover on LF