

# My Angel and Me

**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Karl-Harry Winson (UK) January 2019

**Music:** "Hello My Love" by Westlife

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## **Intro: 32 Counts (Start on Heavy Beat)**

### **Step. Touch. & Heel. Ball-Step. Forward Rock. Triple Full Turn Right.**

1 – 2      Step Right forward. Touch Left beside Right.  
&3      Step Left down. Dig Right heel forward.  
&4      Step Right in place. Step forward on Left.  
5 – 6      Rock forward on Right. Recover weight on Left.  
7&8      Triple full turn Right (on the spot) stepping: Right, Left, Right. (12.00)

### **Forward Rock. Back Shuffle. Back-Drag. Ball-Walk. Walk.**

1 – 2      Rock Left forward. Recover weight on Right.  
3&4      Step Left back. Step Right beside Left. Step back on Left.  
5 – 6      Big Step back on Right. Drag Left up towards Right.  
&7-8      Step Left beside Right. Walk forward Right. Walk forward Left. (12.00)

### **Step. Pivot 1/4 Turn Left. Cross. Side. Right Sailor-Heel. Ball-Touch. & Heel.**

1 – 2      Step Right forward. Pivot 1/4 Turn Left. (9.00)  
3 – 4      Cross Right over Left. Step Left to Left side.  
5&6      Cross Right behind Left. Step Left to Left side. Dig Right heel to Right diagonal.  
&7      Step Right beside Left. Touch Left in place beside Right.  
&8      Step Left to Left side. Dig Right heel to Right diagonal.

### **Ball-Cross Rock. Shuffle 1/4 Turn Left. Step. Pivot 1/2 Turn Left. Full Turn Left.**

&1-2      Step Right beside Left. Cross Rock Left over Right. Recover weight on Right.  
3&4      Step Left to Left side. Close Right beside Left. Turn 1/4 Left stepping Left forward. (6.00)  
5 – 6      Step Right forward. Pivot 1/2 turn Left. (12.00)  
7 – 8      Turn 1/2 Left stepping Right back (6.00). Turn 1/2 Left stepping Left forward (12.00).

**\*RESTART Here on Wall 4 facing 3.00 Wall.....\*\*TAG Here on Wall 6 facing 12.00 Wall.**

### **Right Dorothy Step. Left Dorothy Step. Forward Rock. Coaster-Cross.**

1,2&      Step Right to Right diagonal. Lock Left behind Right. Step Right to Right diagonal.  
3,4&      Step Left to Left diagonal. Lock Right behind Left. Step Left to Left diagonal.  
5 – 6      Rock forward on Right. Recover weight on Left.  
7&8      Step Right back. Step Left beside Right. Cross step Right over Left.

### **Side Rock. 1/4 Turn Right. Full Turn Right. Step. Hitch. Right Coaster Step.**

1 – 2      Rock Left to Left side. Recover weight on Right turning 1/4 Right. (3)  
3 – 4      Turn 1/2 Right stepping Left back (9.00). Turn 1/2 Right stepping Right forward (3.00).  
5 – 6      Step Left forward. Hitch Right knee up.  
7&8      Step Right back. Step Left beside Right. Step forward on Right.

### **Forward Rock. Shuffle 1/2 turn Left. 1/4 Turn Left. Drag. Ball-Cross. Side.**

1 – 2      Rock Left forward. Recover weight on Right.  
3&4      Shuffle 1/2 turn Left stepping: Left, Right, Left. (9.00)  
5 – 6      Turn 1/4 Left stepping Right big step to Right. Drag Left up beside Right. (6.00)  
&7,8      Step Left in place. Cross Right over Left. Step Left to Left side.

### **Right Sailor Step. Left Sailor Step. Jazz Box 1/4 Turn Right.**

1&2      Cross Right behind Left. Step Left out to Left side. Step Right to Right side.  
3&4      Cross Left behind Right. Step Right out to Right side. Step Left to Left side.  
5 – 8      Cross Right over Left. Turn 1/4 Right stepping Left back. Step Right to Right side. Step Left forward. (9.00)

**\*RESTART: During Wall 4, dance 32 Counts, and restart the dance facing 3.00 Wall.**

**\*\*TAG: During Wall 6, dance 32 Counts and add the following 4 Count Tag and then Restart facing 12.00 Wall.**

### **Rocking Chair:**

1 – 4      Rock forward Right. Recover on Left. Rock back on Right. Recover forward on Left.

**ENDING: On Wall 7, End the dance with a Jazz Box 1/2 Turn Right to bring you to the front wall to finish.**