

# True Inspiration

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**Count:** 32                      **Wall:** 2                      **Level:** High Intermediate NC2S  
**Choreographer:** Julia Wetzel - August 2018  
**Music:** You Say by Lauren Daigle, Length: 4:34, BPM: 74

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**Intro: 16 counts, start on vocal (14 sec. into track)**

**Note: Turning options are recommended below but feel free to turn more or turn less at your discretion**

**[1 – 8] Step, Cross, Side, 1/8 L Back, Behind, 1/8 L Step, Spiral L, Run, Run, Rock, 1/4 L Side**

1, 2&                      Step R fw sweep L to front (1), Cross L over R (2), Step R to right side (&) 12:00  
3, 4&                      1/8 Turn left step L back sweep R to back (3), Step R behind L (4), 1/8 Turn left step L fw (&) 9:00  
5, 6&                      Step R fw and spiral full turn left on R (5), Step L fw (6), Step R fw (&) 9:00  
7, 8&                      Rock L fw (7), Recover on R (8), 1/4 Turn left step L to left side (&) 6:00

**[9 – 16] Cross Touch, Full Turn L, Step, 1/8 L Run, Run, Step, 3/8 R Hitch, Cross, 1 1/2 L**

1 - 3                      Touch ball of R over L (1), Take weight on R and full turn left on R (2), Step L fw (3) 6:00  
4&5                      1/8 Turn left step R fw (4:30) (4), Step L fw (&), Step R fw (5) 4:30  
6, 7&                      3/8 Turn right on R hitching L (9:00) (6), Cross L over R (7), 1/4 Turn left step R back (&) 6:00  
8&1                      1/2 Turn left step L fw (8), 1/2 Turn left step R back (&), 1/4 Turn left step L to left side (1)

**Half Turn Option: 1/4 Turn left step L to left side (8), Cross R over L (&), Step L to left side (1)**

**Note: I recommend the Half Turn Option on Walls 1, 2, 6 when the music is quiet 3:00**

**[18- 24] Basic L R, 1/4 R Sweep, Sweep, Back, Back, 1/8 R Touch**

2&3                      Close R behind L (2), Cross L over R (&), Step R to right side (3) 3:00  
4&5                      Close L behind R (4), Cross R over L (&), 1/4 Turn right step L back sweep R to back (5) 6:00  
6, 7                      Step R back sweep L to back (6), Step L back (7) 6:00  
8&                      Step R back to right diag. (8), 1/8 Turn right touch L next to R (&) 7:30

**[25 – 32] Step, Cross, Back, 1/8 R Side, Cross, 1/4 L, 1/4 L Side, Touch, 1 1/4 R, Step**

1, 2&                      Step L fw sweep R to front (1), Cross R over L (2), Step L back (&) 7:30  
3, 4&                      1/8 Turn right step R to right side (3), Cross L over R (4), 1/4 Turn left step R back (&) 6:00  
5 - 7                      1/4 Turn left step L to left side (5), Touch R to right side (prep) (6), 1/4 Turn right step R fw (7) 6:00  
&8&                      1/2 Turn right step L back (&), 1/2 Turn right step R fw (8), Step L fw (&)

**Extra Turn Option: Same (&8), 1/2 Turn right step L back (&), 1/2 Turn right step R fw sweep L to front (1)**

**Note: Extra Turn Option applies to even Walls (2, 4, 6, 8) only, all ending at 12:00. Try a few or all four 6:00**

**Tag: At the end of Wall 3, 5, 7 or when the dance ends at 6:00 (except Wall 1), do the following 16 counts:**

**[1 – 8] Step, Rock, Behind, Side, Cross, Point, 1/2 R Sweep, Cross, Side**

1 - 3                      Step R fw (1), Rock L fw and throw right hand up (as if tossing a ball) (2), Recover on R (3) 6:00  
4&5                      Step L behind R (4), Step R to right side (&), Cross L over R (5) 6:00  
6, 7                      Point R to right side and throw arms out to sides (6), Close R next to L and 1/2 turn right on R sweep L to front  
(similar to a Monterey 1/2 Turn) (7) 12:00  
8&                      Cross L over R (8), Step R to right side (&) 12:00

**[9 – 16] Touch Behind, 1/2 L Unwind, Back, Coaster, Step, Pivot 1/2 L (2x)**

1 - 3                      Touch L behind R (1), 1/2 Unwind L weight ending on R and throw both arms up with palms up and look up  
(2), Step L back (3) 6:00  
4&5, 6                      Step R back (4), Step L next R (&), Step R fw (5), Step L fw (6) 6:00  
7&8&                      Step R fw (7), Pivot 1/2 Turn L step L fw (&), Step R fw (8), Pivot 1/2 Turn L step L fw (&) 6:00

**After completing the Tag at the end of Wall 5 (only), add a 4-Count Rocking Chair (Rock R fw (1-2), Rock R back (3-4)) before starting Wall 6 6:00**