

# Wave

**Count:** 88                      **Wall:** 2                      **Level:** Phrased Advanced

**Choreographer:** Esmeralda v.d. Pol - November 2019

**Music:** "Wave " by Meghan Trainor

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## Sequence : AA en the rest of the dance part B

### A:

#### **BASIC NC RIGHT, SIDE, BACK ROCK, FWD RUN, ROCK FWD, STEP BACK**

1-2&                      Step RF to R side, Step LF behind RF, Cross RF over LF  
3-4&                      step LF to L side, Rock RF back, Recover weight on LF  
5-6&                      Walk fwd R-L-R  
7-8&                      Rock LF fwd, Recover weight on RF, Step LF back

#### **BACK SWEEP, BEHIND SIDE CROSS, SWEEP, CROSS, SIDE, BEHIND SWEEP, BACK ROCK, 1/2 TURN R, CHASSE R**

1-2&                      Step RF back-sweep LF behind RF, Step LF behind RF, Step RF to R side  
3-4&                      Cross LF over RF-sweep RF in front of LF, Cross RF over LF, Step LF to L side  
5-6&                      Step RF back, Rock LF back, recover weight on RF ,  
7-8&1                      1/2 turn R-step LF back, Step RF to R side, Step LF next to RF, Step RF to R side

#### **CROSS ROCK SIDE, BACK ROCK , STEP FWD, STEP FWD 1/2 TURN R, STEP FWD, POINT - TOUCH**

2&                      Rock LF in front of RF, Recover weight on RF  
3-4&                      Step LF to L side, Rock RF back, Recover weight on LF  
5-6&                      Step RF fwd, Step LF fwd, 1/2 turn R-weight on RF  
7-8&                      Step LF fwd, Point RF to R side, Touch RF next to LF

**Note, when you dance part A the second time, dance up till count 7 of section 3 and start B**

### B

#### **KICK & POINT & POINT & KICK & TOUCH & KICK , BACK, TOUCH**

1&2&                      Kick RF fwd, Step RF next to LF, Point LF to L side, Step LF next to RF  
3&4&                      Point RF to R side, Step RF next to LF, Kick LF fwd, Step LF next to RF  
5&6                      Touch RF next to LF, Step RF next to LF, Kick LF fwd  
7-8                      Step LF back, Touch RF in front of LF

#### **DOROTHY STEPS R & L, FWD ROCK & PIVOT 1/2 TURN R**

1-2&                      Step RF diagonal fwd, Step LF behind RF, Step RF diagonal fwd  
3-4&                      Step LF diagonal fwd, Step RF behind LF, Step LF diagonal fwd  
5-6&                      Rock RF fwd, Recover weight on LF, Step RF next to LF  
7-8                      Step LF fwd, 1/2 turn R-weight on RF 06.00

#### **SIDE, DRAG, 1/2 TURN R SIDE ROCK, BEHIND, 1/4 TURN L, SWEEP, CROSS SAMBA**

1-2                      Step LF to L side, Drag RF next to LF  
3&4                      1/2 turn R- rock RF to R side, Recover weight on LF, Step RF behind LF 12.00  
5-6                      1/4 turn L-step LF fwd, Sweep RF in front of LF 09.00  
7&8                      Cross RF in front of LF, Rock LF to L side, Recover weight RF

#### **STEP FWD, HITCH, COASTER STEP, STEP 1/2 TURN R, KICK BALL CHANGE**

1-2                      Step LF fwd, Hitch R knee up  
3&4                      Step RF back, Step LF next to LF, Step RF fwd  
5-6                      Step LF fwd, 1/2 turn R weights stays on LF ! 03.00  
7&8                      Kick RF fwd, Step RF next to LF, Step LF next to RF

#### **SIDE, HOLD, COASTER CROSS, SIDE, 1/2 TURN L, CHASSE L**

1-2                      Step RF to R side, Hold  
3&4                      Step LF behind RF, Step RF to R side, Cross LF over RF  
5-6                      1/4 turn L-step RF back, sweep LF 1/4 turn L-weight is on RF 09.00  
7&8                      Step LF to L side, Step RF next to LF, Step LF to L side

#### **1/8 TURN L, SWEEP, CROSS, SIDE, 1/8 L, WALK BACK, COASTER STEP 1/4 TURN L**

1-2                      1/8 turn R-step RF fwd, sweep LF in front of RF 07.30  
3&4                      Cross LF over RF, Step RF to R side, 1/8 turn L-step LF back 06.00  
5-6                      Step RF back, Step LF back  
7&8                      Step RF back, 1/4 turn L-step LF to L side, Cross RF over LF 03.00

#### **SIDE ROCK, BACK ROCK, 1/2 TURN R, 1/4 TURN R, CHASSE R**

1-2                      Rock LF to L side, Recover weight on RF  
3&4                      Rock LF back, Recover weight on RF, 1/2 turn R-step LF back 09.00  
5-6                      1/4 turn R-step RF to R side, Step LF next to RF 12.00  
7&8                      Step RF to R side, Step LF next to RF, Step RF to R side

#### **CROSS ROCK, CHASSE 1/4 TURN L, PIVOT 1/4 TURN L, KICK BALL STEP**

1-2                      Rock LF in front of RF, Recover weight on RF  
3&4                      Step LF to L side, Step RF next to LF, 1/4 turn L-step LF fwd 09.00  
5-6                      Step RF fwd, 1/4 turn L-weight on LF 06.00  
7&8                      Kick RF fwd, Step RF next to LF, Step LF fwd