

# You Deserve Better

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**Count:** 64                      **Wall:** 2                      **Level:** Advanced  
**Choreographer:** Fred Whitehouse (Ireland) August 2018  
**Music:** You Deserve Better by James Arthur (3.27min)

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## Intro – 40 Counts from start of track (approx:24 Seconds)

### [1-8] Step Sweep, Cross, Step Side, Heel Ball Step, ½ Turn Twist & Look, Touch x2

1,2&                      Step RF forward sweeping LF from back to front, Step LF over R, step RF to R side  
3&4                      Touch L heel to L diagonal, close LF next to R, step RF forward  
5,6&                      Swivel both heels R making ½ turn L looking back over shoulder, recover heels back to center placing weight on LF, step RF back to R diagonal  
7&8                      Touch LF next to R, step LF back to L diagonal, touch RF next to L

### [9-16] Push Step x2, Step, Out, Out, Swivel, Swivel Rise, Drop, Heel, Ball Step

&1&2                      Rock RF back diagonal, recover weight on to L, rock RF back diagonal, recover weight on to L (Push step, use the ball of the RF to Rock back)  
3&4                      Step RF forward diagonal, step LF to L side, step RF to R side squaring up to 12.00  
&5,6                      Swivel both heels R, swivel toes R and rise up on ball of feet facing diagonal, recover weight on LF (1.30)  
7&8                      Touch R heel forward, close RF next to L, step LF forward

### [17-24] Sweep x2, Sailor ½ Turn R, Rock, Recover & Hitch, Weave

1,2                      Step RF back sweeping LF from front to back, step LF back sweeping RF from front to back  
3&4                      Step RF behind L, ¼ turn R stepping LF to L side, ¼ turn R stepping RF forward  
5,6                      Rock LF forward, recover on R hitching L knee  
7&8                      Step LF behind R, 1/8 turn R stepping RF to R side, cross LF over R

### [25-32] ¾ Box Turn, Ball Step, Slide Feet Apart, Drag Feet Back Together Making ¾ Turn L, Place Weight On LF

1,2                      Step RF to R side, ¼ turn L stepping LF to L side,  
3,4                      ¼ turn L stepping RF to R side, ¼ turn L stepping LF to L side (Styling: Pop Knees out on every ¼ Turn)  
&5,6                      Close RF next to L, step LF to L side, twist both heels & body ¼ turn R (Push feet further apart if possible)  
7,8                      Make ¾ Turn L pulling LF towards RF (Pull feet back together making ¾ turn) place weight on L

### (Restart Here During Wall 4)

### [33-40] Walk R,L, Rock & Cross, ¼ Turn R x2, Rock, ¼ Turn R, Cross

1,2                      Step RF forward, step LF forward  
3&4                      Rock RF to R side, cross RF over L  
5,6                      ¼ turn R stepping LF back, ¼ turn R stepping RF forward  
7&8                      Rock LF forward, ¼ turn R stepping RF to R side, cross LF over R

### [41-48] Heel Switches x2, Double Heel Switch R, Sailor ¼ Turn R, Triple Full Turn L

1&2&                      Touch R heel to R diagonal as you swivel L heel in, close RF next to L, touch L heel to L diagonal as you swivel R heel in, close LF next to R (option: Touch R to R side, close R next to L, touch L to L side, close L next to R)  
3&4                      Touch R heel to R diagonal as you swivel L heel in, touch RF next to L, touch R heel to R diagonal as you swivel L heel in (option: Touch R to R side, touch R next to L, touch R to R side)  
5&6                      Step RF behind L, step RF to R side, ¼ turn R stepping RF forward  
7&8                      Make full turn L stepping L,R,L (triple full turn, weight ending on LF)

### [49-56] Camel Walks x4, Rock & Cross x2, Point RF to R Side

1,2                      1/8 turn L stepping RF forward pop L knee, 1/8 turn L stepping LF forward pop R knee  
3,4                      1/8 turn L stepping RF forward pop L knee, 1/8 turn L stepping LF forward pop R knee facing 12.00 (on all pops, tap both hands on hips to hit the beat)  
5&6                      Rock RF to R side, recover on to L, cross RF over L  
&7                      Rock LF to L side, recover on to R,  
&8                      Cross LF over R, point RF to R side

### [57-64] ½ Turn L x2 (moon walk glides) & Lock, ½ Turn L Unwind, Walk R,L

1,2                      Step RF forward pushing LF back, ½ turn L placing weight on LF  
3,4                      Step RF forward pushing LF back, ½ turn L placing weight on LF (1/2 turn moon walk glides)  
&5,6                      Step RF forward, touch LF behind R, unwind ½ turn L placing weight on L  
7,8                      Step RF forward, step LF forward